


# Family Health Expo

**FREE  
FAMILY  
EVENT**

BROUGHT TO YOU BY  
 Living Valley  The Root Cause

 Living Valley Health Retreat  
15 Sheppersons Lane, Kin Kin

 **Sunday, 19th June 2016**  
9:30am to 1:30pm

 [familyhealthexpo.com.au](http://familyhealthexpo.com.au)

 07 5485 4344



## ***Mad Food Science Program with The Root Cause***

Win the war on veggies and teach your children how to understand their food!  
The Root Cause helps you have fun conversations with your children about food,  
and helps you pack hassle-free healthy lunch boxes.

## ***Cooking Demonstration with Giselle Eve***

Learn secrets to making delicious and healthy treats with real food creator Giselle Eve!

## ***Health Tips from the Living Valley Naturopaths***

Our naturopaths share health tips from the latest in their research,  
based on over 50 years of combined experience.

## ***Plus...***

Retreat Tours, Simple Home Remedies Class, Jumping  
Castle & Games, Pop-up Shop with Healthy Snacks &  
Drinks, Organic Skin Care & Makeup Demos

#livingvalley

